



Lunch

PROUDLY NOURISHED BY
 **LODESTONE HOUSE**

Week One

Enter text here



	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Beef Chili Tacos Vegetable Bean Chilli Nachos, Salsa, Guacamole,	Chicken Katsu Curry Chana Masala Potato Curry	Beef Meatballs with tomato sauce Pork Meatballs with tomato sauce Moroccan Roasted Cauliflower	Honey Chicken Tagine Quorn Shawarma	Fish Fingers Battered Fish Poached Fish Parcel
Sides	Rice Sweetcorn Oven Roasted Vegetables	Noodles Green Beans Oven Roasted Vegetables	Pasta Gluten Free Pasta Broccoli Oven Roasted Vegetables	Rice Roasted Vegetables Garden Peas	Garden Peas Mushy Peas Chips
Salad	Carrot Sticks Cucumber Sticks Mixed Leaf Salad Cous Cous Salad Pesto Pasta Salad Tuscan Bean Salad	Tomatoes & Feta Cucumber Sticks Carrot Sticks Slaw Pesto Pasta Salad Green Bean Salad Sweetcorn Salad Mixed Peppers	Pasta & Mixed Beans in a Pesto Dressing Feta Salad Carrot Sticks Cucumber Sticks Tomato Salad Mixed Leaf Salad Coleslaw	Potato Salad Slaw Carrot Sticks Cucumber Sticks Mixed Peppers Beetroot Salad Mixed Bean Salad Mixed Leaf Salad	Carrot Sticks Cucumber Sticks Pesto Pasta Salad Mixed Leaf Salad Beetroot Salad Slaw Salad Tomato Salad
Desserts	Lemon Syrup Sponge Raspberry Jelly	Chocolate Butterscotch Pot Strawberry Jelly	Banana & Orange Cake	Chocolate Brownie Strawberry Jelly	Ice - Cream Pots Jelly

Daily Options	Soup of the Day	Baked Potato Bar	Sandwich Bar	Chilled Desserts
	Selection of Freshly Made Soups, Home-baked Bread & Croutons	Baked Jacket Potato with a selection of fillings	Selection of Freshly made Sandwiches with a selection of fillings	Selection of Desserts & Selection of Fresh Fruit.



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Monday

Mains

Malay Beef Rendang Curry
Thai Green Vegetable Curry
Curried Cauliflower & Lentil

Sides

Rice
Oven Roasted Vegetable
Green Beans

Salad

Pesto Pasta Salad
Cucumber Sticks Pot
Carrot Stick Pots
Tomato Salad
Potato Salad
Mixed Leaf Salad
Slaw

Desserts

Raspberry Lemon Crumble
Cake
Strawberry Jelly

Tuesday

Smokey Beef & Butternut
Gratan

Gnocchi with Kale & Sundried
Tomatos
Cheesy Pesto Pasta

Pasta
Gluten Free Pasta
Sweetcorn
Oven Roasted Vegetables

Feta Salad
Cucumber Salad
Tomato Salad
Slaw
Mixed Leaf Salad
Beetroot Salad
Mixed Pepper & Radish Salad

Flapjack
Jelly Pot

Wednesday

Bean & Feta Burger Tomato
Salsa

Grilled Beef Burger & Bun

Potato Wedges
Corn on Cob
Oven Roasted Vegetables

Potato Salad
Coleslaw
Tomato Salad
Cucumber Salad
Carrot Sticks
Mixed Leaf Salad
Beetroot Salad

Mango Fool with Meringue

Orange Jelly

Thursday

Four Cheese Ravioli

Tomato Pasta Bake
Tomato Sauce
Carbonara Sauce

Wholemeal Pasta
Gluten Free Pasta
Oven Roasted Vegetables
Broccoli

Italian Pasta Salad
Mixed Bean Salad
Cucumber Pots
Carrot Stick Pots
Coleslaw

Coconut & Lemon Cake

Indian Spiced Custard & Fruit
Pot

Rapsberry Jelly

Friday

Breaded Fish
Gluten Free Breaded Fish

Fish Fingers

Baked Lemon Fish

Peas
Baked Beans
Mushy Peas
Chips

Potato Salad
Carrot Sticks
Cucumber Sticks
Tomato Salad
Slaw
Sweetcorn Salad

Ice cream Pots

Seasonal Fruit Salad

Daily Options

Soup of the Day

Freshly Made Soup with bread &
Croutons

Baked Potato Bar

Baked Jacket Potato with a selection
of fillings

Salads Bar

Selection of freshly made salads

Desserts Bar

Selection of dessert s, with a
selection of Fresh Fruit.



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Week Three

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	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken Karaage Vegetable Katsu Curry Poppadoms	Roast Turkey Roasted Vegetable & Lentil Bake Yorkshire Pudding	Bolognaise Sauce Tomato Sauce Pepperoni Sauce Garlic Bread	Chicken Fajita Wrap Vegetable Fajita Wrap Sour Cream, Salsa, Guacamole	Battered in Fish Gluten Free Battered Fish Fish Fingers Maple, Soya & Ginger Hake
Sides	Rice Green Beans Oven Roast Vegetables	Roast Potatoes Broccoli Oven Roasted Vegetables Gravy	Wholemeal Pasta Gluten Free Salad Sweetcorn	Rice Garden Peas Oven Roasted Vegetables	Peas Baked Beans Mushy Peas Chips Lemon Wedges
Salad	Carrot Sticks Cucumber Sticks Coleslaw Feta Salad Tomato Salad Mixed Leaf Salad Pesto Pasta Salad	Mixed Bean Salad Green Bean Salad Cucumber Salad Carrot Sticks Tomato Salad Beetroot Salad Sweetcorn Salad	Carrot Stick Pots Cucumber Stick Pots Greek Salad Mixed Leaf Salad Coleslaw Tomato Salad Mixed Pepper & Radish Salad	Green Bean Salad Cucumber Salad Carrot Sticks Tomato Salad Feta Salad Mixed Leaf Salad Beetroot Salad	Pesto Pasta Salad Carrot Sticks Cucumber Sticks Tomato Salad Mixed Leaf Salad Slaw Potato Salad
Desserts	Mashmallow Crispy Cake Jelly	Cargilfield Shortbread Biscuits Jelly	Lemon & Mango Cheesecake Pot Tricolour Jelly	Chocolate Brownie Strawberry Jelly	Ice cream Pot Wibble Raspberry Jelly

Daily Options	Daily of the Day	Baked Potato Bar	Salads Bar	Chilled Desserts
	Freshly made Soup with bread & croutons	Baked Potato Bar with a selection of fillings	Selection of Salads	Dessert Pots, Yoghurts, Selection of Fresh Fruit.