

Form 4 PSHE Spring Term

Week(s)	Key Questions	Possible Activities	Logistics / Notes
	<p><u>ENVIRONMENTAL AWARENESS</u></p> <p>You and Your Environment: Electricity <i>To understand the environmental impact of electricity and how behaviour can help to reduce it</i></p>	<ul style="list-style-type: none"> • Discuss why one should care for the environment • Discuss impact of electricity and how to reduce usage • Brainstorm ways to save on electricity at school – turning off lights, switching off monitors etc • Produce posters in pairs to be displayed in the classroom and around school to encourage/remind people to do their bit 	<p><i>Generating electricity has a number of different effects on environments: Power plants used to make it often use fossil fuels (non-renewable), produce “greenhouse gases”, pollute the ecosystem when discarding waste products</i></p>
	<p><u>MENTAL WELL-BEING</u></p> <p>You and Other People: Everyone is Different, Yet The Same <i>To understand that everyone is unique, but have similarities too</i></p> <p><i>To understand that some people dislike others based purely on colour of their skin - racism</i> HWB 2.44b</p>	<ul style="list-style-type: none"> ▪ Read “My Beliefs, Your Beliefs” ▪ Brainstorm what they heard about Joe’s friends (i.e. the differences) ▪ Brainstorm the similarities – good jokes etc ▪ Discuss the concept that we are both different and similar at the same time ▪ Activity: in pairs, find out what they have in common and their differences ▪ BBC Bitesize clips on “New Child In Class” https://www.bbc.co.uk/bitesize/topics/z699q6f/resources/2 ▪ Each person to say something they think is unique/great about themselves ▪ BBC Bitesize clip – What Makes Me, Me (about 4 mins KS2) http://www.bbc.co.uk/education/clips/zf676sg ▪ BBC Bitesize clips on Respecting Differences: https://outlook.office365.com/mail/inbox/id/AAQkADAYzjFmNmJiLTA3MjYtNDc0Zi1iNDk3LTYzNGFKYWYxYWI1NgAQADVfioikNRNDvyguax0jLXw%3D ▪ Discuss that some people hate others for no reason. Explain term racism (skin colour) ▪ BBC Bitesize clip “Experiencing Racism” (KS2 about 4 mins). Discuss after http://www.bbc.co.uk/education/clips/zhvncw 	

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	<p>Dyslexia <i>To know what it is like for someone with dyslexia</i></p> <p>Our Grandparents <i>To share stories of our grandparents</i> HWB 2.44a</p> <p><i>To understand why we need to help the elderly</i> HWB 2.44a & b</p>	<ul style="list-style-type: none"> ▪ Explain term ‘dyslexia’– <u><i>stress that this is a condition, which is diagnosed and just because they find something tricky doesn’t automatically mean they are dyslexic</i></u> ▪ Discuss why life might be tough.. Emphasise children shouldn’t be teased for it. ▪ BBC Bitesize clip – “Dyslexia – Sophie’s Story” (KS2 about 6 mins) http://www.bbc.co.uk/education/clips/z9fhfg8 ▪ TED TALK: What is Dyslexia? 4 mins https://www.youtube.com/watch?v=zafiGBrFkRM ▪ Life of a Dyslexic: https://www.youtube.com/watch?v=87dtTYBT54E ▪ https://www.youtube.com/watch?v=VqeaLHP9lxE living with dyslexia ▪ PowerPoint of famous people with Dyslexia – what can be achieved <ul style="list-style-type: none"> ▪ Discuss what age is “old” ▪ Brainstorm terms used to describe the elderly ▪ Identify the differences between being old and young (use the skin elasticity on the back of the hand to illustrate). Is there anything you can do when you’re old that you can’t do as a younger person? ▪ YouTube clip (bratty child). Have ever behaved like that? ▪ https://www.youtube.com/watch?v=woyraEGd7Qo ▪ Read “Old and Young” (Mark’s Grandad) ▪ YouTube: (https://www.youtube.com/watch?v=i2RXyRfYt24 (how we should always be mindful about the elderly and to be patient with them) ▪ Discuss why elderly should be respected ▪ Think of one story to share about their grandparents – could be funny, or straight-forward – maybe what they did when they worked (if they know), what they like to do now. Draw a picture of their grandparents and write labels/captions describing them <ul style="list-style-type: none"> ▪ Discuss why elderly should be helped and with what? How can we help? ▪ Complete “Friends and Family” sheet and feedback ▪ Short drama on elderly 	<p><i>Dyslexia: learning barriers whereby reading and writing tricky.</i></p> <p><i>Drama should include a storyline where the elderly person is not helped. There is a pause and then a “rewind” as the play starts again but with the elderly person being helped</i></p>

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	<p>You and <u>GLOBAL AFFAIRS</u></p> <p>You and Other Cultures: South America <i>To learn about South America</i> HWB 2.34</p>	<ul style="list-style-type: none"> ▪ Discuss why learning about other cultures is important ▪ PowerPoint on Brazil (Staff Area> PSHE Tutor Sessions> Resources> Spring>Form 4> Brazil Culture ▪ Design a poster to highlight Brazil's culture <p>https://www.youtube.com/watch?v=YH1SxF9tsZc (example of samba dance)</p> <p>https://www.youtube.com/watch?v=9ztLCSwg6k0 (example of Rio carnival)</p>	