

**Form 6 PSHE Spring Term**

Week(s)	Key Questions	Possible Activities	Logistics
	<p><b><u>ENVIRONMENTAL AWARENESS</u></b></p> <p><b>You and Your Environment: Electricity</b>  <i>To understand the environmental impact of electricity and how behaviour can help to reduce it</i></p>	<ul style="list-style-type: none"> <li>• Discuss why one should care for the environment</li> <li>• Discuss impact of electricity and how to reduce usage</li> <li>• Brainstorm ways to save on electricity at school – turning off lights, switching off monitors etc</li> <li>• Produce posters in pairs to be displayed in the classroom and around school to encourage/remind people to do their bit</li> </ul>	<p><i>Generating electricity has a number of different effects on environments: Power plants used to make it often use fossil fuels (non-renewable), produce “greenhouse gases”, pollute the ecosystem when discarding waste products</i></p>
	<p><b><u>MENTAL WELL-BEING</u></b></p> <p><b>You and Other People: Friends and Friendships</b></p> <p>You and Other People: Friends and Friendships  <i>To understand the concept of personal space</i></p> <p>You and Other People: Respect  <i>To question who deserves respect and how it is earned</i>  <b>HWB 2.44</b></p>	<ul style="list-style-type: none"> <li>▪ Discuss concept of friends and friendships outside of the classroom. Link to personal space.</li> <li>▪ BBC Bitesize “House Rules” (KS3 c. 12 mins)</li> <li>▪ <a href="http://www.bbc.co.uk/education/clips/z436sbk">http://www.bbc.co.uk/education/clips/z436sbk</a></li> <li>▪ Discuss term “respect”</li> <li>▪ Discussion points: <ul style="list-style-type: none"> <li>▪ 1) Should age deserve respect automatically or should it be earned? If so, how is it earned?</li> <li>▪ 2) If a bus is full and an elderly person and a mother with a small child gets on, who do you give up your seat for? Why?</li> <li>▪ 2) How do you earn the respect of your friends at school?</li> <li>▪ 3) Often, people are treated in a certain way because of how they talk (accents – “posh” south, “geezer” cockney etc). Is this fair?</li> </ul> </li> <li>▪ BBC Bitesize: Respect &amp; value of education.</li> </ul>	<p><i>Personal space: invisible bubble &amp; boundaries.</i></p> <p><i>Respect: consideration for the rights or feelings of other people; feeling admiration for someone because of their qualities and achievements</i></p> <p><i>Moveable discussion. Agree / disagree on either side of the classroom.</i></p>

Week(s)	Key Questions	Possible Activities	Logistics
	<p><i>To understand how negative feelings impact on others</i>  <b>HWB 2.02</b></p>	<p><a href="https://www.bbc.co.uk/bitesize/topics/z22xsbk/resources/1">https://www.bbc.co.uk/bitesize/topics/z22xsbk/resources/1</a></p> <ul style="list-style-type: none"> <li>▪ YouTube: <a href="https://www.youtube.com/watch?v=r7HFDIKGJvE">https://www.youtube.com/watch?v=r7HFDIKGJvE</a> what is this session about - Jealousy</li> <li>▪ YouTube: <a href="https://www.youtube.com/watch?v=Te1LX1I4dyM">https://www.youtube.com/watch?v=Te1LX1I4dyM</a> – baby jealousy. It is human nature.</li> <li>▪ PowerPoint on Jealousy and Envy: Staff area &gt; PSHE Form Tutor &gt; Resources &gt; Spring &gt; Form 6 &gt; Jealousy and Envy</li> <li>▪ Discuss how to deal with the different types of jealousy, as per the PowerPoint</li> <li>▪ Discuss jealousy &amp; rivalry / competition.</li> <li>▪ BBC Bitesize clip called Friends and Rivals (KS3 c 12 mins)  <a href="http://www.bbc.co.uk/education/clips/zwjfnbk">http://www.bbc.co.uk/education/clips/zwjfnbk</a></li> </ul>	
	<p><b>You and Your Body:</b>  <i>To understand the importance of personal hygiene</i>  <b>HWB 2.15</b></p>	<ul style="list-style-type: none"> <li>▪ Introduce topic – will be funny but equally a serious issue.</li> <li>▪ PowerPoint: Personal Hygiene (Staff area &gt; PSHE Form Tutor &gt; Resources &gt; Spring &gt; Form 6 &gt; Personal Hygiene)</li> <li>▪ Pair-work activity on slide 3 complete on “Body Outline” sheet. Feedback</li> <li>▪ Continue rest of the PowerPoint</li> <li>▪ YouTube: <a href="https://www.youtube.com/watch?v=8ENI6yhTahg">https://www.youtube.com/watch?v=8ENI6yhTahg</a></li> <li>▪ Task: In pairs, come up with 5 Golden Rules regarding Personal Hygiene.</li> <li>▪ Poster for display showing personal hygiene rules.</li> <li>▪ BBC Bitesize clip (KS2) called “Oh No! BO” (12 mins long)</li> <li>▪ <a href="http://www.bbc.co.uk/education/clips/zyq8q6f">http://www.bbc.co.uk/education/clips/zyq8q6f</a>  <a href="https://www.youtube.com/watch?v=jQ2e0KH5Wrl">https://www.youtube.com/watch?v=jQ2e0KH5Wrl</a> Use this as an alternative</li> </ul>	
	<p><b>GLOBAL AFFAIRS</b>  <b>You and Other Cultures: Inuit</b>  <i>To gain an awareness of the Inuit culture</i>  <b>HWB 2.34</b></p>	<ul style="list-style-type: none"> <li>▪ Discuss why learning about other cultures is important</li> <li>▪ PowerPoint on Unuit (Staff Area&gt; PSHE Tutor Sessions&gt; Resources&gt; Spring&gt;Form 6&gt; Inuit Culture)</li> <li>▪ Design a poster to highlight Inuit culture</li> </ul>	

