

# Summer MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog Roll (Pork Sausages)	Soup of the Day with bread & Croutons	Roast Gammon Roasted Vegetable Bake Gravy	Soup of the Day with bread & Croutons	Fish in Batter Gluten Free Fish in batter
Vegetarian Frankfurter	<b><u>Pasta Day</u></b>		<b><u>Mexican Day</u></b>	Fish Finger Breaded Scampi
Homemade Vegetable Bhaji	Carbonara Sauce Tomato Sauce Garlic Bead	Roast Potatoes	Beef Chilli Vegetable & Bean Chilli	Chipped Potatoes Garden Peas Mushy Peas
Corn on Cob	Pasta Gluten Free Pasta	Selection of Vegetables Carrot Cucumber	Nachos	Backed Jacket Potato with Baked Beans/Grated Cheese
Potato Wedges			Rice Peruvian Slaw	
Selection of Vegetables Carrot Cucumber	Selection of Vegetables Carrot Cucumber	Backed Jacket Potato with Baked Beans	Selection of Vegetables	Carrot Cucumber
Backed Jacket Potato with Baked Bean	Selection of sandwiches selection of fillings Selection of Salads	Selection of Sandwiches selection of fillings Selection of Salads	Carrot Cucumber	Selection of Sandwiches selection of fillings Selection of Salads
Selection of sandwiches selection of fillings Selection of Salads	Fresh Fruit Homemade Cookies	Fresh Fruit Raspberry Jelly	Selection of Sandwiches selection of fillings Selection of Salads	Fresh Fruit Choc Ices
Fresh Fruit Chocolate Brownie			Fresh Fruit Iced Sponge	

A selection of salads , Sandwiched , Wrap & Baguettes will be available each day.



Lunch Week 1

# Summer MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Selection of Stone Baked Pizza	Soup of the Day with bread & Croutons	Sweet & Sour Chicken	Soup of the Day with bread & croutons	Fish in Batter Gluten Free Fish Fish Finger Breaded Scampi
Gluten Free Pizza	Pork Meatballs with tomato sauce	Vegetable Noodles	BBQ Pulled Pork with Chapati	Chipped Potatoes Garden Peas Mushy Peas
Potato Wedges	Vegetable Pasta Bake	Rice	Vegetable Curry	
Mixed Vegetables	Pasta Gluten Free Pasta	Selection of Vegetables	Savoury Rice	Backed Jacket Potato with Baked Beans
Carrot Cucumber	Selection of Vegetables	Carrot Cucumber	Selection of Vegetables	Carrot Cucumber
Backed Jacket Potato with Baked Beans	Carrot Cucumber	Backed Jacket Potato with Baked Beans	Carrot Cucumber	Selection of Sandwiches a selection of fillings Selection of Salads
Selection of Sandwiches selection of fillings Selection of Salads	Selection of sandwiches a selection of fillings Selection of Salads	Selection of Sandwiches a selection of fillings Selection of Salads	Selection of sandwiches a selection of fillings Selection of Salads	Fresh Fruit Choc Ices
Fresh Fruit Chocolate Crispy Cake	Fresh Fruit Strawberry Mousse	Fresh Fruit Fruit Jelly	Fresh Fruit Chocolate Sponge Cake	

A selection of salads , Sandwiched , Wrap & Baguettes will be available each day.



Lunch Week 2

# Summer MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Chilli Tacos Vegetable Quesada	Soup of the Day with bread & croutons	Homemade (beef / lamb) Koftas Flat Bread Vegetable Cous Cous	Soup of the Day with bread & croutons	Fish in Batter Gluten Free Fish Fish Finger Breaded Scampi
Rice	Pasta Day		Sweet Chilli Chicken	
	Tomato Sauce Vegetable Lasagne Garlic Bread	Rice	Vegetable Sweet Chilli sauce	Chipped Potatoes Garden Peas Mushy Peas
Selection of Vegetables	Pasta	Selection of Vegetables Carrot Cucumber	Noodles	Backed Jacket Potato with Baked Beans
Carrot Cucumber	Selection of Vegetables	Backed Jacket Potato with Baked Beans	Selection of Vegetables	Carrot Cucumber
Backed Jacket Potato with Baked Beans	Carrot Cucumber	Selection of Sandwiches with a selection of fillings Selection of Salads	Carrot Cucumber	Selection of Sandwiches with a selection of fillings Selection of Salads
Selection of sandwiches a selection of fillings Selection of Salads	Selection of sandwiches with a selection of fillings Selection of Salads		Selection of Sandwiches with a selection of fillings Selection of Salads	
Fresh Fruit Chocolate Brownie	Fresh Fruit Flapjack	Fresh Fruit Raspberry Jelly	Fresh Fruit Selection of Desserts	Fresh Fruit Choc Ices

A selection of salads , Sandwiched , Wrap & Baguettes will be available each day.



Lunch Week 3

# Summer MENU



CARGILFIELD

## MONDAY

Fruit Juice  
Porridge  
  
Grilled Bacon  
Scrambled Egg  
Mushrooms

Sliced Bread  
Butter  
Selection of Jam  
Marmalade

Croissants

Cornflakes  
Coco Pops  
Rice Kipsies

Strawberry Yoghurt  
Fresh Fruit  
Mixed Fruit

## TUESDAY

Fruit Juice  
Porridge  
  
Grilled Sausage  
Poached Egg  
Grilled Tomato

Sliced Bread  
Butter  
Selection of Jam  
Marmalade

American Pancakes

Cornflakes  
Coco Pops  
Rice Kipsies

Strawberry Yoghurt  
Fresh Fruit  
Mixed Fruit

## WEDNESDAY

Fruit Juice  
Porridge  
  
Grilled Bacon  
Boiled Egg  
Potato Scones

Sliced Bread  
Butter  
Selection of Jam  
Marmalade

Croissants

Cornflakes  
Coco Pops  
Rice Kipsies

Strawberry Yoghurt  
Fresh Fruit  
Mixed Fruit

## THURSDAY

Fruit Juice  
Porridge  
  
Eggy Bread  
Grilled Sausage  
Baked Beans

Sliced Bread  
Butter  
Selection of Jam  
Marmalade

Chocolate Croissants

Cornflakes  
Coco Pops  
Rice Kipsies

Strawberry Yoghurt  
Fresh Fruit  
Mixed Fruit

## FRIDAY

Fruit Juice  
Porridge  
  
Grilled Bacon  
Poached Egg  
Hash Browns

Sliced Bread  
Butter  
Selection of Jam  
Marmalade

Sweet Waffles & Syrup

Cornflakes  
Coco Pops  
Rice Kipsies

Strawberry Yoghurt  
Fresh Fruit  
Mixed Fruit



# Summer MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cajun Chicken	BBQ pulled Pork with a Bun	Creamy Broccoli Pasta Bake	Chicken Shawarma Wrap	
Vegetable & Sweet Potato Brakas	Vegetable Risotto	Tomato Sauce Cheese Sauce Garlic Bread	BBQ Vegetable Wrap	
Braised Rice	Herby Potatoes		Sauté Potatoes	
	Seasonal Vegetables	Pasta		
Seasonal Vegetables	Baked Potatoes with a selection of fillings	Seasonal Vegetables	Seasonal Vegetables	
Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	
Selection of Salads	Selection of Salads	Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	
Fresh Fruit		Selection of Salads	Selection of Salads	
Cargilfield Shortbread	Fruit Cheesecake	Jam Doughnuts	Chocolate Mousse	



# Summer MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Chilli	Beef Sausage	Lamb Kofta served with Flatbread & garlic Mayo	Bolognese Sauce	
Vegetable Bean Chilli	Vegetable Stroganoff	Farfel	Macaroni Cheese	
Nachos	Gravy Yorkshire Pudding	Sauté Potatoes	Pasta Gluten Free Pasta	
Rice	Mashed Potatoes			
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	
Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	
Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	
Selection of Salads	Selection of Salads	Selection of Salads	Selection of Salads	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Iced Sponge Cake	Fruit Cheesecake	Rocky Roads	Cookies	



# Summer MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Rolls	Chicken Curry	Bolognaise	Cajun Chicken Wrap	
Vegetable Sausage Rolls	Vegetable Curry	Vegetable Pasta Bake	Vegetable Chilli	
Potato Wedges	Rice	Pasta Gluten Free Pasta	Rice	
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	
Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	Baked Potatoes with a selection of fillings	
Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	Selection of sandwiches with a selection of fillings	
Selection of Salads	Selection of Salads	Selection of Salads	Selection of Salads	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Strawberry Mousse	Cargilfield Shortbread	Fruit Cheesecake	Lemon Sponge Cake	



# Summer MENU



## MONDAY

BLT Sandwich  
Ham Sandwich  
Cheese Sandwich  
Cheese & Ham Sandwich  
  
Mixed Salad  
Chicken Salad  
Egg Salad

## TUESDAY

Chicken & Bacon Sandwich  
Ham Sandwich  
Cheese Sandwich  
Cheese & Ham Sandwich  
  
Mixed Salad  
Tuna Salad  
Mixed Bean & Cous  
Cous Salad

## WEDNESDAY

Tuna Mayonnaise Sandwich  
Ham Sandwich  
Cheese Sandwich  
Cheese & Ham Sandwich  
  
Mixed Salad  
Chicken Mayonnaise Salad  
Pasta & Sundried Tomato Salad

## THURSDAY

BLT Sandwich  
Ham Sandwich  
Cheese Sandwich  
Cheese & Ham Sandwich  
  
Mixed Salad  
Ham Salad  
Chick Pea & Sultana Salad

## FRIDAY

Egg Mayonnaise Sandwich  
Ham Sandwich  
Cheese Sandwich  
Cheese & Ham Sandwich  
  
Mixed Salad  
Quiche Salad  
Mozzarella Salad

